CGNFA Workshop by Jennie Wolter "Waste Not, Want Not Ornament" January 2014

Goals - To provide the following:

- Teach how to stitch small canvas pieces without a frame.
- Demonstrate how to use up leftover thread and bits of canvas.
- Demonstrate how to select colours and stitches.
- Teach a number of canvas stitches.
- Facilitate members to customise or personalise their ornament.
- Demonstrate how to finish this double-sided ornament.

Kit includes:

~ 4" x 7" 18-count canvas

3 colours of pearl cotton #5, 12 yards per colour or ~36 yards in total.

Note – This ornament can be completed using one variegated thread, but often the ornament is more pleasing if you use metallic threads as an accent or one or more solid colours that coordinate with the variegated thread.

Canvas stitches include

Blanket	Crescent	Cushion
Jessica	Norwich	Rhodes
Satin	Smyrna	Tent

Steps:

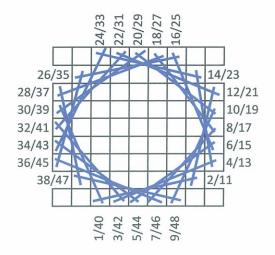
- Count 5 holes diagonally from canvas edge. Blanket stitch 27 vertical bars per side, turn corner, continue blanket stitch per side until all four sides are completed.
- 2. Blanket stitch second side same as first, one hole from first blanket stitch square.
- 3. Count over 5 vertical blanket stitch bars from corner and down 5 holes. * Complete 4 **Crescent** stitches (9 x 4 holes) per side. Stitch a corner crescent. Repeat from * three more times.
- 4. Count down 9 holes from crescents and do slanted **Satin** stitches over two threads completing middle square.
- 5. Count down 5 holes from satin stitch square and do **Tent** stitches completing a center square with an 8 x 8 thread square.
- 6. Complete one **Smyrna** stitch surrounded by two **Jessicas** in the center square. Do smaller (over 4) in the center and then the larger (over 8) around the smaller Jessica.
- 7. Do alternating 5x5 **Square Cushion** stitch in middle square. If desired, use a contrasting or metallic thread as the stitch over 5 holes.
- 8. Decide which 8x8 stitches (e.g. **Rhodes**, **Norwich**, large 4x4 Square Cushion, **Cushion/Rhodes** variation) you will use to complete the area between the middle satin stitch square and the crescent stitches. Use whatever colours you desire. Add metallic threads if desired.
- 9. Stitch vertical Satin stitches of varying lengths between the crescent and blanket stitches.
- 10. Complete the other side of the two-side ornament same as first side or make changes to YOUR ornament.
- 11. Make a twisted cord as an ornament hanger.
- 12. Make a tassel if desired.
- 13. Decide how you wish to hang your ornament as a square or on point.
- 14. Fold excess unstitched canvas to the back beginning with the corners. Mitre fold all corner sections. Fold back the sides of the ornament.

- 15. Whip stitch catching the blanket stitch. Make sure you add the hanger and tassel as you whip stitch your ornament.
- 16. You're done and ready to hang your ornament.

Note: each student will choose their colour placement based on the kit received. As such, each ornament will be unique as each student will personalise as they stitch. Each kit includes a photograph of the two sides of the stitching before whipping together the ornament.

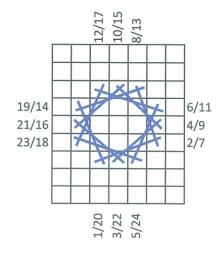
Stitch diagrams

Jessica Stitch (over 8)



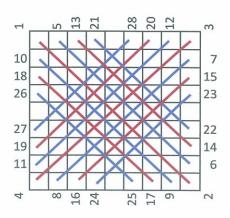
numbers 42, 44, 46, 48 are under stitches 3, 5, 7, 9

Jessica Stitch (over 4)



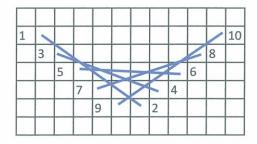
numbers 21, 23 are under stitches 3, 5

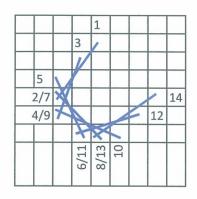
Norwich Stitch (over 8)



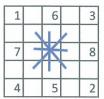
numbers 11, 19, 27 are under stitches 5, 13, 21

Crescent Stitches

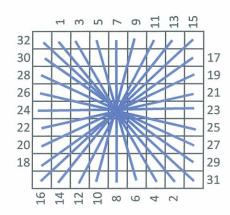


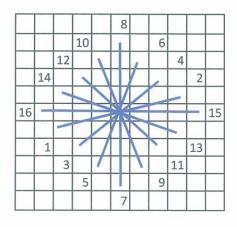


Smyrna



Rhodes Stitch (over 8)

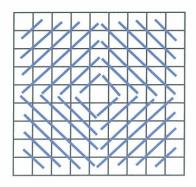


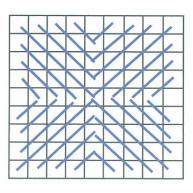


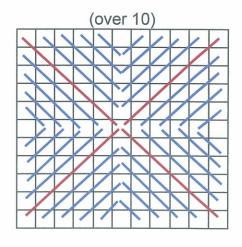
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Stitch diagrams

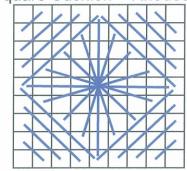
Cushion Stitch (over 8)



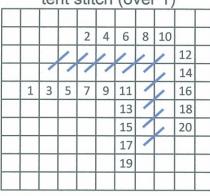




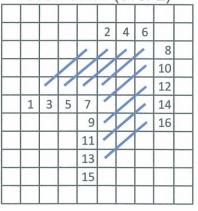
Square Cushion + Rhodes





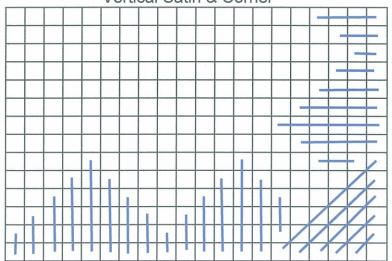


Satin Stitch (over 2)



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Vertical Satin & Corner



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